



Centre of Food Technology

Institute of Professional Studies

University of Allahabad

Prayagraj-211002



Special Invited Lecture by Dr. Richa Singh Pandey, Nutrition Specialist at UNICEF, Lucknow



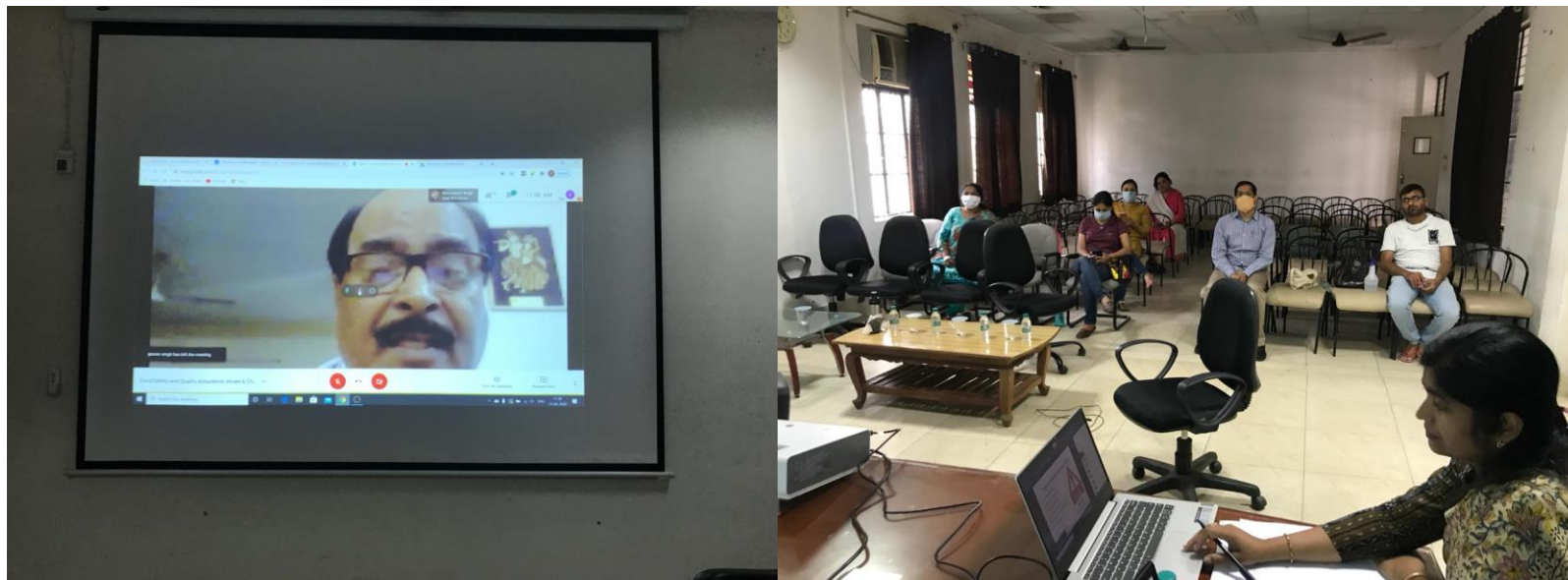
Centre has participated in a workshop conducted by **UNICEF at Lucknow and NITI ayog** in New Delhi. NITI ayog has also identified our centre as a Technical Support Unit for pursuing for '**Poshan Abhiyan**' collaborative work as a part of the task force. Thus, in order to provide platform to our M. Sc Nutrition final years students; the centre is organized a day long interactive session with Dr. Richs Singh Pandey, Nutrition Specialist at UNICEF, Lucknow on January 17, 2019.

National Seminar on “Minimizing Disease Burden of Women through Awareness Programmes”



AFSTI & Centre of Food Technology, University of Allahabad in collaboration with Dev Kalyan Sewa Samiti, Mahewa, organized a National Seminar on “Minimizing Disease Burden of Women through Awareness Programmes” on 16th February 2019. Prof. Krishna Mishra, Former Hon. Professor, IIIT Allahabad, Prof. Neelam Yadav, Chairperson, MDWTAP-2019, President, AFST(I) Allahabad Chapter & Director IPS, Prof. A.K. Gupta, Patron, MDWTAP-2019 & Former Head, Dept. of Forensic Sciences, SHUATS.

Webinar on “Food Safety & Quality Assurance: Issues & Challenges”



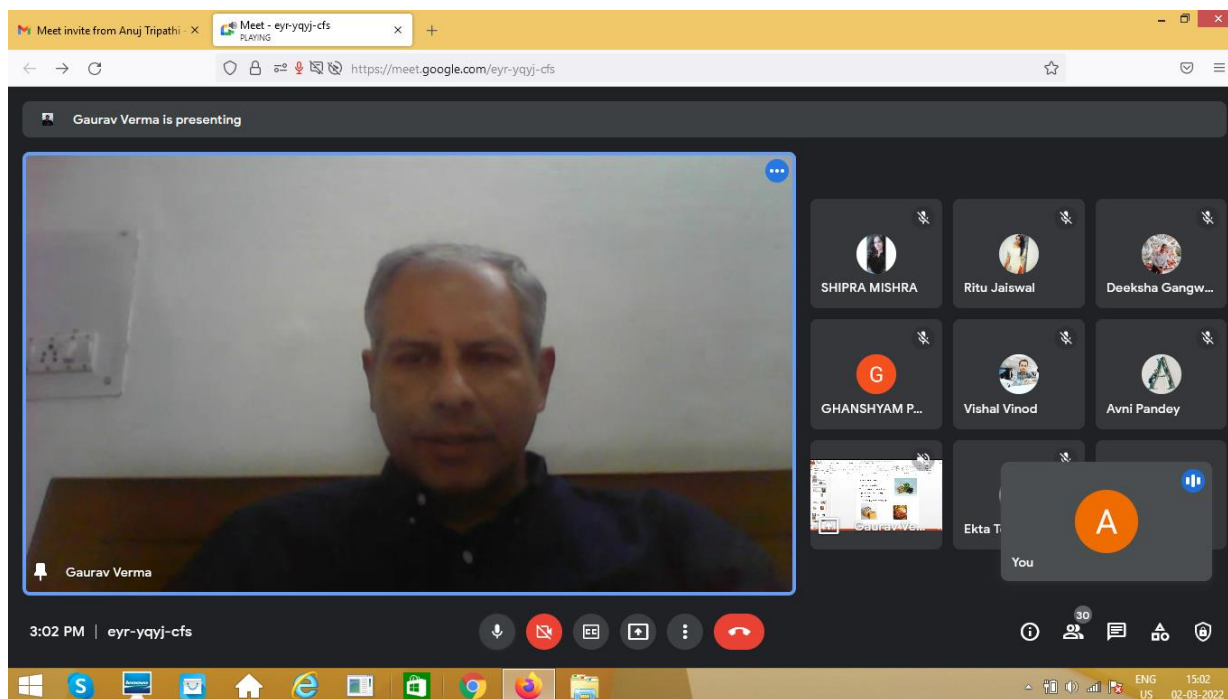
AFST(I) Allahabad chapter in association with **Centre of Food Technology, University of Allahabad** and **NetProFaN** organized a Webinar on “**Food Safety and Quality Assurance: Issues & Challenges**” on 13th June 2020. The speaker was Prof. H. N. Mishra, Dept. of Agricultural & Food Engg., IIT Kharagpur. The event was conducted through google meet and also aired live on youtube. The webinar was attended by 278 participants.

Lecture on “Innovative Ideas and Novel Concepts for Food Technology Startups”



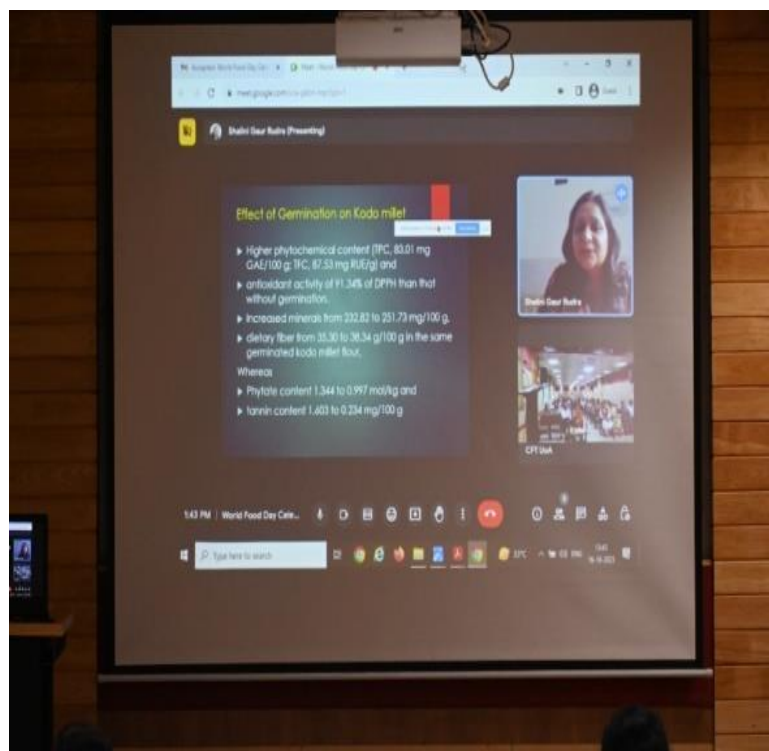
Centre of Food Technology and AFST(I) Allahabad Chapter celebrated World Food Day on 20th Oct 2022. Prof H N Mishra (Dept. of Agriculture & Food Engineering, IIT Kharagpur) delivered lecture on “**Innovative Ideas and Novel Concepts for Food Technology Startups**” to UG and PG students. He induced the strategic plan of converting challenges into opportunities to achieve the overall inclusive growth of the food technology sector and the professionals themselves.

Special Online lecture on **“Scope of Nanotechnology in Food Processing and Packaging”**



Special Online lecture on **“Scope of Nanotechnology in Food Processing and Packaging”** by Prof. Gaurav Verma, Dr. S S Bhatnagar University institute of chemical Engineering, Panjab University Chandigarh, Punjab

Invited Lecture on World Food Day-2023



Dr. Shalini Rudra Gaur (Senior Scientist, Dept. of Food Sciences & Post Harvest technology, ICAR, New Delhi) delivered a lecture entitled **“Millets: 21st century requisites for health and sustainability.”**

Outreach & Extension

Activities

Community Visit to *Mahpura* village to propagate Nutrition Awareness & Health Education

Students & staff of Centre of Food Technology on July 30, 2019 in order create Nutrition Awareness and Health Education among the Pregnant & Lactating Women & Children of primary school (6-12 years of age). ***“Laghunaatikas”*** or Short skits were presented in order to create awareness and educate based on Personal Hygiene; Diet Diversity & Balanced diet; Anemia Prophylaxis and Nutritional care in pregnancy and lactation, Breastfeeding,



उत्सव का कार्यक्रम।

IndiaNews+ Uncategorized

2nd सितम्बर 2023 1 Minute

प्रयागराज संवाददाता, व सुनील मिश्रा



प्रयागराज। राष्ट्रीय पोषण सप्ताह उत्सव 1 सितंबर, 2023 को एस.एस. खन्ना गर्ल्स डिग्री कॉलेज, प्रयागराज के वनस्पति विज्ञान, रसायन विज्ञान और प्राणीशास्त्र विभागों के बीच एक सहयोगात्मक प्रयास से राष्ट्रीय पोषण सप्ताह कार्यक्रम शुरू हुआ। कार्यक्रम की शुरुआत डॉ. स्वास्तिका और डॉ. रंजना द्वारा समन्वित दीप प्रज्ज्वलन के साथ हुई। इस कार्यक्रम में ए.यू. के खाद्य प्रौद्योगिकी केंद्र की समन्वयक प्रो. नीलम यादव का ज्ञानवर्धक उद्घाटन व्याख्यान था, जिन्होंने 'Millets for Nutritional Security and Sustainable Development.'

Awareness lectures delivered at nearby colleges

- *Prof. Neelam Yadav delivered talk on, "Millets for Nutritional security and sustainable development" during nutrition week celebration organized by **Dept. of chemistry & Botany at S.S Khanna girls College, Prayagraj on 1st September 2023***
- *Dr. Devinder Kaur delivered lecture on, "Role of Functional foods in human nutrition" at two days National Conference at **Arya Kanya Degree College on October 7, 2023.***
- *Dr. Vinita Puranik delivered lecture on, "Nutritional Importance of Millets and its value addition" at two days National Conference at **Arya Kanya Degree College on October 7, 2023.***

Educational Tour/Visits

Centre has organized industrial/hospitals/hotels visits for their students to Shyam Dairy, Parle, Shyam Agro, Birla canning, Hotel Kanha Shyam & Hotel Grand Continental, Allahabad.



Awareness campaign of the Robin Hood Army against “Food Wastage” on October 16, 2019 (World Food day)



Students and Volunteers distributing food packets to children

Ab Samjhauta Nahi



A 2 day workshop was conducted on 6th and 7th August at Centre of Food Technology, Institute of Professional Studies by ITC Vivel on **# *Ab Samjhauta Nahi*** discussing different constitutional rights, some landmark judicial decisions, recent amendments, cyber safety, child protection laws, third gender rights, rights for men and women including domestic abuse, sexual harassment, gender biasness and parental property etc. The sessions were conducted by Ms. Richa from Josh Talks, New Delhi

“Nasha Mukh Bharat Abhiyan”



The campaign of *Nasha Mukh Bharat Abhiyan* was organized by National Service Scheme (NSS) on August 17, 2022 for creating awareness regarding the ill affects and abstinence from smoking and alcoholism among B. Voc and B.Sc students

Extra Curricular Activities

National Nutrition Week (September 1 – 7, 2018)



“Nukkad Natika Pratiyogita on the theme- Aaj se thoda kam”



Poster Competition on “Eat Right Initiative”



Prof. Neelam Yadav, President AFST(I) Allahabad Chapter addressing students



Food Quiz was also organized on 18th October 2019



Collage Competition on “Dietary Diversity” at Centre of Food Technology, held on September 20, 2019.



“Healthy Millets Recipe Competition” at Centre of Food Technology, held on September 23, 2019.

AFST(I) Allahabad Chapter and Centre of Food Technology celebrated National Nutrition Month September 1-30, 2020 having a focal theme of “Eat Right, Bite by Bite”. Online competitions were organized as mentioned below in which a total of thirteen students have participated.

National Nutrition Month-2021



Association of Food Scientists & Technologist of India AFST(I) Allahabad Chapter & Centre of Food Technology , University of Allahabad has celebrated “ National Nutrition Month **“Poshan Maah” – 2021**” Theme for National Nutrition Week for year 2021 was “Local for Poshan- from Womb to Elderly” emphasizing the significance of correct and adequate nutrition for every age group.

World Food Day-2023



e-Poster Competition on the theme of “Mighty Millets”
Around 20 UG and PG students of both the centers presented their digital e- posters, which displayed diverse aspects of agricultural, economical and nutritional aspects of Millets.

National Nutrition Month-2023



Poster Competition on September 22, 2023



“Millet based Pack-lunch”- Recipe Contest on September 25, 2023



Based on this year's theme by UNICEF for National Nutrition Week 2023 is “Healthy diet going Affordable to all” emphasizing the significance of nutritious and cost effective wholesome healthy meals to ensure adequate nutrition. Above mentioned activities were organized UG and PG students of Food Technology programme participated. Three teams participated in Poster competition whereas eighteen teams participated in the recipe competition.

Cultural Activities

Azadi Ka Amrit Mahotsav (75years@achievements and challenges)-2022



Short skit competition and Poster competition was held on August 5 and 8 respectively based on the theme "75years@achievements and challenges". On a concluding event of the celebration a special lecture “**Salute to nation, Salute to the Indian Armed Forces**” was delivered by **Prof. Prashant Kumar Ghosh**, Dean, Commerce University of Allahabad. **Prof. The chief guest for the event was Brigadier Syed Ahmad Ali, Former Pro VC, Aligarh Muslim University.**

Glimpses Of Freshers/ Farewell Party



Glimpses Of Freshers / Farewell Party



Glimpses Of Freshers / Farewell Party from 2018-23



***International Year
of Millets (IYoM)-
2023***

International Year of Millets (IYoM)-2023

Lecture on “Value addition of millets for nutritional security, sustainability and enhanced income” on December 1, 2022 attended by around 150 participants (UG, PG & PhD students).



Quiz Competition on Millets on December 7, 2022 attended by around 140 participants (UG, PG & PhD students). The screening of the competition was done on December 2, 2022 in which various students of the Faculty of Science participated.

International Year of Millets (IYoM)-2023

"Millet Bazar-2023" was jointly organized by Centre of Food Technology, Association of Food Scientists & Technologists (AFSTI) Allahabad chapter and Department of Family & community Sciences, University of Allahabad on November 8, 2023.

The faculty members, Head of Departments, Honourable Deans of the University, Food Business Entrepreneurs etc. Around 300 people attended the event.



Key highlights of the event were- exhibition and sale of millets along with millet based food products like ragi pasta, browntop noodles, finger millet cookies, foxtail millet chakli & pearl millet laddoo, jowar cake etc. That were prepared by the scholars and students of centre of food technology.